



10th November 2023

Dear Parent/Carer,

Year 11 Mock Exams

A huge well done to all of our Year 11s at the end of the first week of their mock exams. They have worked incredibly hard to prepare themselves, which has included attending early morning breakfast revision sessions. This week has been a great practice run for the real thing, starting in May. This weekend, it is important to balance revision with time to relax and think about their exam routine to ensure that they prepare themselves in the best possible way.

School Trips

On Tuesday evening, sixty students visited the English National Opera at the London Coliseum to watch La Traviata. We were lucky to access sixty free tickets as part of the ENOs Schools programme. Students behaved brilliantly and were excellent ambassadors for the academy. Members of the public commented on our students' maturity and told Mr Browne that "they should be very proud of themselves". A big thank you to Mr Browne for co-ordinating the trip and to Mr Hilliard, Miss Lucas, Mr Mackenzie and Mr Lynagh for supporting our students on the trip.

On Wednesday, Miss Grieveson, along with Miss Trombetta, Ms Pullum and twenty Year 7 Art students, visited the Courtauld Gallery in central London to take part in an artist led workshop about the Art Elements and Design Principles. Students toured the gallery space and completed a two-hour workshop. Students had a great time and enjoyed their art activities.

Students Medical Appointments

From next week, Parents/ Carers will be required to email evidence of the students' medical appointments to bowerpark@elatschools.co.uk 72 hours prior to their appointment. Any student who does not have evidence of their appointment will not be able to leave site. Evidence can be in the form of a medical appointment letter or a screenshot of a confirmation of appointment text message. Please note, we will not accept phone calls and verbal messages as confirmation from parents. Thank you for your co-operation with this matter.



Qustodio control app

Qustodio, is the Parental Control App available for parents. This allows parents to filter and monitor their child's mobile devices, as well as set screen time limits. All parents can have the Free Tier, which allows the monitoring of two devices, per adult signed up. The free basic tier, does come with a 30-day trial of the premium features, there is no obligation to pay, and you do not need to enter any payment details to access the free version. Please see link for more information [Qustodio control app](#)

Try Before You Bike

Try Before You Bike is a user-friendly scheme that is specifically designed to encourage people to cycle. You can pay monthly for a bike (including hybrid, folding bikes, e-bikes and e-cargo bikes) with an easy to order process. Free Friendly delivery to your door with accessories (helmet, lights and lock), guidance and a bespoke training session of up to 2 hours. No deposit or hidden fees. Affordable purchase options and free collection if you decide the bike is not for you. Support and encouragement given to help you get confident on the roads. Sign up with [Peddle My Wheels](#) who run the programme on behalf of Havering Council.

We will remember them

Today, in remembrance of our fallen heroes, Students will take part in a Remembrance Service to commemorate all of those who lost their lives whilst serving in the war. Our Head students will read the poems *For the Fallen* and *In Flanders Fields* followed by a 2-minute silence. Mr Mackenzie, our Music Teacher, will then play the last post on the trumpet.

To coincide with the national remembrance, Mrs Davis has created an area of remembrance in the memorial garden with crosses and painted stones from staff and students. My thanks to everyone who contributed to the memorial and to Mrs Davis and the gardeners for their hard work creating this poignant memorial.

We will remember them.



Yours faithfully,

Mr E Aylett
Principal