

Bower Park Academy

Organisation, Content and Assessment of Relationship and Sex Education

Relationships and Sex Education (RSE) is delivered through weekly CPSHE lessons to KS3 students and fortnightly lessons to KS4 students. Each year group has a tailor-made scheme of learning that is age appropriate and linked to other curriculum subjects such as Science and RE. The Science curriculum will concentrate more on the physical aspects of puberty and reproduction.

Some parents and carers prefer to take the responsibility for aspects of this element of education and have the right to withdraw their children from all or part of the sex education element (but not the relationships or health education). Parents are also unable to withdraw their child from the statutory National Curriculum (i.e. in Science lessons). All requests should be made in writing to the Principal. Before granting any such request, the Principal will meet with parents and, as appropriate, the child to ensure that their wishes are understood and to clarify the nature and purpose of the curriculum. The school will document this process to ensure a record is kept.

Assessments are carried out at the end of each topic (RSE) using a baseline assessment questionnaire. Students complete the assessment questionnaire at the start of the topic and then again at the end of the topic. This should show an improvement in their knowledge and understanding of RSE. Pupils have the opportunity for self-reflect at the end of each lesson, giving them the opportunity to evaluate their experience, the content of the lesson and its delivery. This will also give the students the opportunity to identify what they may have learnt or how they feel about the topic covered during the lesson.

Marking is carried out by staff once all RSE lessons have been delivered. This is to identify any gaps in the students learning. The students will then complete purple pen improvements and will complete specific tasks to close the gap in their learning.

Responsibility

The member of staff responsible for overseeing the quality of the RSE delivery at Bower Park Academy is Miss Freer, Head of CPSHE email address: freerm@bowerpark.co.uk

Line manager of CPSHE is Mrs Yates. Email address: jyates@elatschools.co.uk

Appendix: The Sex and Relationships Education Curriculum

CPSHE Education

	TOPIC	BREIF OVERVIEW
Year 7	<p>Friendship</p> <ol style="list-style-type: none"> 1. What does community mean and reflecting on our relationships 2. Friendships 3. Bullying 4. Cyberbullying 	<p>In early Spring, we revisit the theme of 'self' within a range of contexts, including self in the community and self within friendship groups. Within this scheme of work, students are encouraged to consider what attributes make a relationship healthy and how we all impact on each other's wellbeing. Students explore the different emotions they may encounter in friendship groups and how to manage these emotions, both positive and negative, online and offline and where to seek help and support, should they need it.</p> <p><i>RS1, RS2, RS3, RS7</i></p>
Year 7	<p>Family, Marriage and parenting</p> <ol style="list-style-type: none"> 1. Different types of family 2. Parenting – What makes a good parent? 3. Domestic abuse 4. Marriage and long-term relationships - the law around rights 5. Different types of marriage, including same sex and forced marriage. 6. Young people's rights, including when Parents separate 	<p>This scheme of learning builds upon students' knowledge of healthy relationships, within the family unit. We explore the range of roles within family and marriage, legislation around marriage and factors that affect an adult relationship. Students are taught about their rights as a young person and develop an awareness of factors that can make a relationship unhealthy.</p> <p><i>RS1, RS2, RS4, RS6</i></p>
Year 8	<p>Stereotyping and discrimination</p> <ol style="list-style-type: none"> 1. The effects of discrimination 2. The effects and dangers of stereotyping 3. Gender discrimination 4. Discrimination due to disability 5. Racial discrimination 6. Religious discrimination 7. What are British Values? 	<p>Students explore the impact of stereotyping and discrimination through a series of lessons looking at various forms of discrimination with a focus on respect, inclusion and kindness. Students begin by considering the differences between these two forms of behaviour and the impact of stereotyping and how this can lead into discriminative acts. Students are then guided through a series of lessons to address various forms of discriminative acts, such as gender, disability, race and religion. Finally, we explore the link between this learning our British values and beliefs of Mutual Respect, Tolerance, Democracy, Rule of Law and Individual Liberty.</p> <p><i>RS2, RS6</i></p>

<p>Year 8</p>	<p>Relationships and sex education</p> <ol style="list-style-type: none"> 1. What are positive and negative relationships? - Showing affection (link to consent) 2. What is sex and sexual experiences? 3. Contraception (including condom demonstration) 4. STI's, the symptoms, consequences and methods of cure. 5. Consent 6. The dangers of pornography 7. The dangers of sexting 	<p>Building upon their relationships lessons in year 7, students revisit positive and negative relationships, with a focus on intimate relationships. Following this, students discuss ways of showing affection and build an awareness of individual preferences and an understanding of consent. Next in a safe environment, the following lessons provide students with the opportunity to discuss what is sex and sexual experiences, the risks around these activities and ways to stay safe and healthy. Consent is a golden thread within this scheme, but a lesson is also dedicated to this topic area to explain the importance and laws surrounding sexual encounters. The final two lessons explore the dangers of pornography and sexting and the laws and consequences surrounding these activities.</p> <p><i>RS1, RS2, RS3, RS4, RS5, RS6</i></p>
<p>Year 9</p>	<p>Relationship and sex education</p> <ol style="list-style-type: none"> 1. Where's the best place to find out about relationships and Sex? - Reasons to have or delay sex 2. Recognising and Managing Risks - Avoiding pressures if not ready 3. What is consent and why it is so important? 4. Domestic Violence and abuse 5. Contraception and STI's 6. Choices in relation to pregnancy 7. The dangers of sexting. 	<p>This scheme of learning revisits and build upon students previous learning of their statutory relationships and sex education. This begins with setting students up with the knowledge of how and where to access information and support about relationships and sex. Students then explore reasons to have or delay sex, how to recognise and manage risks along with ways to avoid pressures if not ready. Students then revisit and are reinforced with information around consent, contraception, STIs, the dangers of sexting and domestic violence and abuse. Finally, students explore choices in relation to pregnancy.</p> <p><i>RS1, RS2, RS3, RS4, RS5, RS6</i></p>
<p>Year 9</p>	<p>Sexuality and Identity</p> <ol style="list-style-type: none"> 1. Inner and Outer identity 2. Stereotyping dangers 3. Sexuality and gender identity 4. LGBT+ Community 5. Homophobia and the consequences 6. Tolerance and respect 	<p>Continuing with the focus of relationships, students examine the topic of sexuality and identity. This has been timely situated within year 9, to coincide with when some students typically begin to question their sexuality and identity. We begin with students reflecting over their inner and outer identities and explore how these can be influenced. Linking back to previous learning in year 8, students investigate the dangers of stereotyping. Following this, students consider the differences between sexuality and identity and learn about the LGBTQ+ community. Subsequently, students address the issue of</p>

		<p>homophobia and its consequences along with ways in which the law protects the LGBTQ+ community. Finally, students study the theme of tolerance and respect, tying in all areas learnt and exploring view points and opposing arguments.</p> <p><i>RS2, RS3, RS4, RS5, RS6</i></p>
Year 10	<p>Relationships and Sex Education</p> <ol style="list-style-type: none"> 1. Healthy Relationships and avoiding unhealthy ones 2. Health Relationships vs Controlling relationships 3. Domestic violence and abusive relationships 4. Consent and Rape 5. Good sex 6. Relationship break ups 7. Teen Pregnancy 	<p>This scheme of learning has been scaffolded and built upon since year 7. Students begin by looking at how to avoid unhealthy relationships, followed by looking at abusive and controlling relationships and why healthy relationships are so important throughout our lives. Students are then challenged to consider possible signs of domestic violence and abusive relationships. Students then build upon their previous learning on consent and look at how they can establish clear sexual boundaries. This is followed by a lesson exploring what makes 'good sex' and is it best to wait for someone you care about? The final two lessons look at how to manage relationships break ups and teenage pregnancy and what issues young parents face.</p> <p><i>RS1, RS2, RS3, RS4, RS5, RS6</i></p>
Year 11	<p>Relationships and sex education</p> <ol style="list-style-type: none"> 1. Attitudes towards sex 2. Managing unwanted attention with a link to dangers of image sharing 3. How to gain consent 4. Contraception and STIs – Testing, places for support 5/6. Questions and Answers – Topics for debate (Same sex groups) 	<p>Before students leave us, we guide them through their final set of relationship and sex education lessons. We begin by considering attitudes towards sex and address concerns around language and certain inappropriate behaviours. Next, we discuss ways to manage unwanted attention with a link to dangers of image sharing. Following this we explore how to gain consent and retrieve back on previous learning of contraception and STI's, with a focus on testing and places for support. For their final two lessons, due to timetabling we are able to separate students into same sex groups and provide students with the opportunity to discuss and ask questions around a breadth of topic areas.</p> <p><i>RS2, RS3, RS4, RS5, RS6</i></p>

Within the Science Curriculum:

Year 7: Half a term spent on sex education from a biological view point. This includes male and female arousal, puberty, hormones, having sex and different forms of sex, sexual health and contraception, pregnancy and birth

Year 9: 2 lessons spent on sexual health including STIs and contraception.

Year 11: How different forms of contraception work on the body, especially hormonal forms

Year 7, 9 and 11: Complete lessons on STIs

Within the Drama Curriculum:

In year 7 we cover Families, Respectful Relationships, including Friendships and Online and Media.

In year 8 we cover Relationships, including Friendships and Families

In year 9 we cover Families; Respectful relationships, including friendships and Online and Media

In year 10 we cover Respectful Relationships, including Friendships

In year 11 we cover Respectful Relationships, including Friendships

Within the RE Curriculum:

We explore families in year 8,9 and at GCSE - we look at the different types of families, why family is important and the Christian views about family life.

We study positive and negative relationship in year 8

Regarding Sexual Relationships we look at pre-marital and extra marital sex and the Christian views on it. Year 9 and GCSE