



28 May 2021

Dear Year 11

Year 11 Masterclasses, Career Education and Preparing for Post-16

This letter encloses a range of activities and resources you can access from Monday 7th June to Wednesday 30th June. If you are continuing a subject at A level or BTEC, remember that these courses are an extension of the work you did at GCSE or vocational qualifications you studied. Continue to read around the subjects you have selected to do in September 2021. This will help you when you begin your new course. Your teachers are available for support and guidance so contact them if you would like any advice.

The next few pages include the following:

1. Masterclass Timetable delivered by your teachers via Teams.
2. Remote Learning – online courses and careers information.
3. Health and wellbeing.

In addition, you may also find the below websites useful.

- Career map has some good advice and also posts job/apprenticeship opportunities, they also have a downloadable magazine for young people and for their parents <https://careermap.co.uk>
- Barclays life skills have some interactive activities and videos to help you continue to develop and build skills at home. <https://barclayslifeskills.com/young-people/>
- BBC bitesize has some good careers advice <https://www.bbc.co.uk/bitesize/careers>
- Youth Employment UK have put together free skills and careers activity booklet for young people <https://www.youthemployment.org.uk/free-skills-careers-activities-booklet-for-young-people/>

Mrs Porter will send out other opportunities or information via EduLink as they are received.

Yours faithfully

Mr N Khan
Vice Principal



Year 11 A-Level Masterclasses

Week commencing Monday 7th June 2021 (Week 1)	Location
Maths: A-Level Mathematics Masterclass, Monday 7 th June Period 5	Remote via Teams. Link will be emailed
English Literature: A-Level Masterclass in The Handmaid's Tale & Gender, Wednesday 9 th June Period 3 & 4	Remote via Teams. Link will be emailed
Week commencing Monday 14th June 2021 (Week 2)	
French: Introduction to AS Level French, Monday 14 th June Period 1 & 2	Remote via Teams. Link will be emailed
Maths: A-Level Mathematics Masterclass, Monday 14 th June Period 5	Remote via Teams. Link will be emailed
Food: A-Level Masterclass – Petit Fours, Tuesday 15 th June Period 1 & 2	Remote via Teams. Link will be emailed
French: Introduction to AS Level French, Tuesday 15 th June Period 3 & 4	Remote via Teams. Link will be emailed
Design and Technology: CAD Skills- Sketch Up, Friday 18 th June Period 5	Remote via Teams. Link will be emailed
Week commencing Monday 21st June 2021 (Week 1)	
Maths: A-Level Mathematics Masterclass, Monday 21 st June Period 5	Remote via Teams. Link will be emailed
Geography: A Level Fieldwork – An investigation into landforms and vegetation succession in the local area at Bedford's Park, Wednesday 23 rd June at 1.30pm to 3.30pm	Meet at Bedford's Park at 1.30pm
Design and Technology: A-Level Masterclass in CAD Skills- Sketch Up, Friday 25 th June Period 5	Remote via Teams. Link will be emailed
Week commencing Monday 28th June 2021 (Week 2)	
Maths: A-Level Mathematics Masterclass, Monday 28 th June Period 5	Remote via Teams. Link will be emailed
Design and Technology: CAD Skills- Sketch Up, Wednesday 30 th June Period 1	Remote via Teams. Link will be emailed

Reading List for 2020 entrants to the College.

You should aim to read a minimum of 3 books from this list before starting the College. An assignment will be set at enrolment, part of which will be to review books you have read this year.

Chinua Achebe – Things Fall Apart
Naomi Alderman – The Power
Margaret Atwood – The Handmaid’s Tale
Malorie Blackman- Noughts and Crosses
Ray Bradbury – The Veldt
Albert Camus – The Stranger
Suzanne Collins – The Hunger Games
Joseph Conrad – The Heart of Darkness
Charles Dickens- Great Expectations
Carol Ann Duffy – The Bees
Gail Honeyman – Eleanor Oliphant is Completely Fine
David Hume – An Enquiry Concerning Human Understanding
Aldous Huxley – Brave New World
Kazuo Ishiguro – Never Let me Go
Robert Kiyosaki – Rich Dad Poor Dad
Harper Lee – To Kill a Mockingbird
Niccolo Machiavelli- The Prince
Henry Marsh – Do No Harm
Michelle Obama – Becoming
George Orwell – Animal Farm
Steven Pinker – The Language Instinct
Sylvia Plath – The Bell Jar
Oliver Sacks – The Man Who Mistook His Wife for a Hat
Matthew Syed – Bounce: The Myth of Talent and the Power of Practice
Natasha Walter – Living Dolls
Oscar Wilde – Picture of Dorian Gray

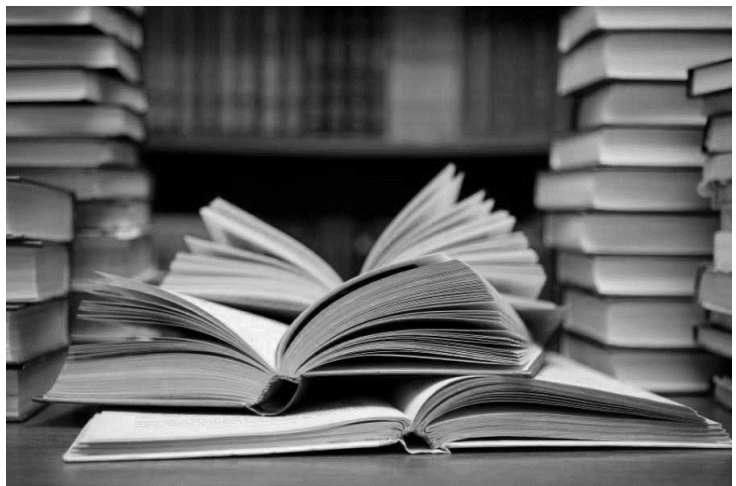
Oxford University Press – ‘Very Short Introduction’ Series

African History
Archaeology
Art History
Autism
The Brain
The British Constitution
Chemistry
Classics
Design
The Earth
Economics
English Literature
Evolution
Film
Free Will
Freud
Geography
History
The History of Medicine
Intelligence
Islamic Philosophy, Theology and Mysticism
Jung
Law
Liberalism
Linguistics
Locke
Mathematics
Medical Ethics
Modern Art
Music
Philosophy
Philosophy of Law
Photography
Politics
Social and Cultural Anthropology
Sociology
Sport
Sufism
William Shakespeare



Reading...

- ✓ is how you discover new things
- ✓ helps you to develop a positive self-image
- ✓ helps build confidence
- ✓ is a vital skill to function effectively in society
- ✓ helps to expand your mind
- ✓ develops your imagination
- ✓ enables you to educate yourself
- ✓ enables you to be informed
- ✓ helps shape your opinions
- ✓ improves your concentration by forcing you to use your brain
- ✓ helps you to reason things out which are unfamiliar
- ✓ helps to stretch your memory muscles by forcing you to remember detail
- ✓ improves your vocabulary
- ✓ aids creativity
- ✓ helps you to learn
- ✓ makes you more interesting
- ✓ reduces stress
- ✓ is entertaining
- ✓ improves your conversation skills
- ✓ makes you smarter
- ✓ improves your ability to write





Health and Wellbeing: Keeping busy

Whilst an early finish to the school year might initially seem exciting and appealing, it is likely that you are going to have a lot of time on your hands - more perhaps than you will know what to do with!

It is really important to stay active, even if you are confined to the house. Here are some ideas of websites and apps that can guide you through some home fitness routines. Keep an eye on Amazon Prime, Netflix and free providers such as the BBC too as many TV companies will be adapting to everyone's need to exercise at home.

Exercise regularly

Getting your daily dose of exercise is still really important. It will improve your mood and your ability to get a good night's sleep as well as your general fitness levels.



The [Sport England](#) website has lots of suggestions for ways in which you can stay active around the house.

[Leicestershire & Rutland Sport](#) also gives great advice on staying physically active at home.

Alternatively, check out these free apps: you can complete a fast, intense workout to music or take your time with a yoga or pilates session.

Free apps for home fitness

Aaptiv: great for music-based workouts



Nike Training Club: 185 free workouts from strength and endurance to yoga

Seven - 7 Minute Workouts: for high-intensity, no equipment, short sweat-sessions



Daily Yoga: over 50 class plans and 200+ videos from 5 to 70-minute yoga sessions

Glo Yoga: for guided yoga, pilates and meditation



Joe Wicks' Daily Workout

Joe Wicks' the Body Coach is providing a daily 30 minute workout online. Follow the link below to be taken straight to the website!

[Joe Wicks' PE Sessions](#)



Feeling stressed with the situation in which we find ourselves? A mindful app can really help. Headspace can help you cope with anxiety and worrying thoughts as well as helping you to get a better night's sleep.