

Bower Park Academy

Organisation, Content and Assessment of Relationship and Sex Education

Relationships and Sex Education (RSE) is delivered through weekly CPSHE lessons to KS3 students and fortnightly lessons to KS4 students. Each year group has a tailor made scheme of learning that is age appropriate and linked to other curriculum subjects such as Science and Information Technology. The Science curriculum will concentrate more on the physical aspects of puberty and reproduction, and Information Technology for Internet safety while CPSHE will cover the topics linked to internet safety such as Sexting.

Some parents and carers prefer to take the responsibility for aspects of this element of education and have the right to withdraw their children from all or part of the sex and relationship education, except for those parts included in the statutory National Curriculum (i.e. in Science lessons). We would make alternative arrangements in such cases. Parents and carers are encouraged to discuss their decisions with staff at the earliest opportunity and are welcome to review any SRE resources the Academy use.

Those who wish to withdraw their children from CPSHE must write to the Principal providing a reason for their withdrawal request.

Assessments are carried out at the end of each topic (RSE) using a baseline assessment questionnaire. Students complete the assessment questionnaire at the start of the topic and then again at the end of the topic. This should show an improvement in their knowledge and understanding of RSE. Pupils have the opportunity for self-reflect at the end of each lesson, giving them the opportunity to evaluate their experience, the content of the lesson and its delivery. This will also give the students the opportunity to identify what they may have learnt or how they feel about the topic covered during the lesson.

Marking is carried out by staff once all RSE lessons have been delivered. This is to identify any gaps in the students learning. The students will then complete a 'marking sheet' and will complete specific tasks to close the gap in their learning.

Responsibility

The member of staff responsible for overseeing the quality of the RSE delivery at Bower Park Academy is Miss Freer, Head of CPSHE email address: freerm@bowerpark.co.uk

Line manager of CPSHE is Mr Aylett. Email address: aylette@bowerpark.co.uk

Appendix: The Sex and Relationships Education Curriculum

CPSHE Education

	TOPIC	BREIF OVERVIEW
Year 7	<u>Puberty</u> 1. Introduction to Puberty 2. Girls and Puberty 3. Boys and Puberty 4. Independence 5. Myths and facts	In CPSHE we look at the emotional struggles during puberty and cover physical and emotional changes that happen to both boys and girls. Students are able to discuss issues in a safe environment.

	6. Family	<p>We also look at sanitary options for girls and make students aware of independent issues they may face.</p> <p>In addition, we look at different types of family and highlight the importance and value of them all.</p>
Year 8	<p><u>Relationships and sex education</u></p> <ol style="list-style-type: none"> 1. Relationships and showing affection 2. What is sex 3. Contraception 4. Sexually transmitted infections (STI's) 5. Consent 6. Pornography 7. Sex alert 	<p>This scheme of learning aims to develop on from their last year's puberty SOL, building students' awareness and understanding of healthy relationships.</p> <p>We look at the advantages and disadvantages of various forms of contraceptives. Students will be given a demonstration on how condoms are used and will be given an opportunity to discuss unwanted pregnancies.</p> <p>Students then gain an understanding of the dangers of pornography and sexting.</p>
Year 9	<p><u>Relationship and sex education</u></p> <ol style="list-style-type: none"> 1. Recognising and managing risk 2. Reasons to have sex 3. Consent 4. LGBT 5. Sexting 6. Types of relationships 7. Preventing STI's 	<p>This scheme of learning aims to develop on from their RSE Scheme of Learning last year, building students' awareness and understanding of responsible attitudes towards sexual behaviour and reasons to have or delay sex.</p> <p>Students are made aware of the importance of consent and ways when consent by law may be inadmissible. We also look at LGBT and encourage respect for all.</p> <p>We look at the advantages and disadvantages of various forms of contraceptives. Students will be given a demonstration on how condoms are used and will be given an opportunity to discuss unwanted pregnancies.</p> <p>Furthermore, students will learn of the dangers of sexting and the law.</p>
Year 10	<p><u>Relationships and sex education</u></p> <ol style="list-style-type: none"> 1. Healthy relationships 2. Sex and the law 3. Consent 4. Contraception 5. STI's 6. LGBT 7. Unplanned pregnancy 8. Pornography 	<p>This scheme of learning aims to build students' awareness and understanding on what makes a healthy relationship and discuss how to tell the difference between healthy relationships and abusive relationships.</p> <p>Students will be made aware of the importance of consent and how to establish clear boundaries within a relationship and ways when consent by law may be inadmissible.</p> <p>We also look at LGBT and discuss why it is important to respect and understand how others choose to live their lives free from discrimination.</p> <p>Students will be given information about contraceptive methods and we will look at different cases studies and discuss which form of contraception would be best for their current situation.</p>

		Students will be given a demonstration on how condoms are used and will be given an opportunity to discuss unwanted pregnancies.
Year 11	Relationships and sex education 1. Making the right choices 2. Pornography 3. Consent 4. STI's 5. LGBT 6. Teenage pregnancy 7. Good sex	<p>This scheme of learning aims to develop on from their RSE Scheme of Learning last year, building students' awareness and understanding on what makes a healthy relationship and discuss how to tell the difference between healthy relationships and abusive relationships.</p> <p>Students will be made aware of the importance of consent and how to establish clear boundaries within a relationship.</p> <p>We also look at LGBT and discuss why it is important to respect and understand how others choose to live their lives free from discrimination.</p> <p>Students will be given information about contraceptive methods and look at different cases studies and discuss which form of contraception will be best for the situation.</p> <p>We will also be looking at the dangers of pornography and how it portrays an unrealistic version of sex, this can be confusing for young people having sex for the first time.</p> <p>In addition, we will look at the condom as the safest method to protect from STI's as well as teenage pregnancy. Students will be given a demonstration on how condoms are used and will be given an opportunity to discuss unwanted pregnancies.</p> <p>Lastly, we will discuss how to tell the difference between healthy relationship and abusive relationship and ways to combat an abusive relationship.</p>

At **KS4** we provide 'drop down' days for year 10 and 11 to deliver relationship and sex education.

Science Education:

KS3: Cells and Reproduction (includes physical process of sex, and some work on contraception and STIs)

- KS4: Keeping healthy
- Mental, physical and social wellbeing.
 - Evaluate and discuss the usefulness of contraceptive methods
 - STIs