

# GANGS & EXPLOITATION AWARENESS

3 WEEK ONLINE  
PROGRAMME  
FOR PARENTS/  
CARERS



DC ANOUSHKA DUNIC – MET POLICE  
EAST AREA GANGS UNIT

This commended FREE course is now available online for ALL parents and carers in Barking & Dagenham, Havering and Redbridge! The course is 3 weeks long, with a 2 hour ONLINE session per week.

This round will be delivered on Microsoft Teams (This App can downloaded on phones, tablets or laptops).

**The dates for this course are THURSDAYS 8<sup>th</sup>, 15<sup>th</sup> and 22<sup>nd</sup> at 7:30-9:30pm (all sessions to be attended)**

## **Gangs & Exploitation Awareness Training for Parents and Carers–**

We will be discussing the following topics-

- What street gangs are and what they do.
- To understand some of the language/social media used by gangs and young people.
- Looking into the term “county lines”
- The different stages of exploitation and recognise some of the signs and symptoms of children who may have been exploited.
- Stress responses and behaviour.
- Some of the reasons children may be more vulnerable to exploitation by gangs and the link to childhood trauma.
- The trauma experienced by children and young people involved in gang lifestyles.
- “Attachment” and the need for strong, nurturing attachments between parent/caregiver and child.
- Resilience in children.
- Parenting tools.
- Why our children may resist help/support from services.

To book your space please email [Anoushka.Dunic@met.police.uk](mailto:Anoushka.Dunic@met.police.uk) or text/call direct on 07741686764. You can remain anonymous and be as interactive as you feel comfortable with.

